

## Celebrity Buzz

**Jackson wants baby No. 4**

pg 18



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HALIFAX • TUESDAY, MARCH 24, 2009

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**EASY MONEY WEEKDAYS**  
@ 8:13am, 12:13pm & 4:13pm

## Spring why have you forsaken us?

**WEATHER** There's something about "blowing snow" and "snowfall warnings" that just don't sound like spring.

The white stuff returned yesterday, beginning steadily just before the commute home from work. Snow was expected to continue overnight and into this morning with about 15 centimetres expected. Besides a snowfall warning, Environment Canada also issued a warning for blowing snow with strong northeast winds expected to whip overnight causing reduced visibility.

A Halifax Regional Police spokesman said there were a number of minor accidents, but no serious tie-ups or injuries during yesterday's drive home.

METRO HALIFAX

## Riding the Recession

Now through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

• Canada

We have the second part of our look at businesses bucking the trend, pg 4

• This Week We give you some local meals for a steal.



## Earth Hour

Earth Hour is Saturday, March 28, at 8:30 p.m. Do your part to fight global warming by switching off your lights for an hour. Pick up Metro every day for environmentally friendly coverage all week.

• Health & Beauty  
**Certified organic: How to be sure a beauty product is living up to its claims, pg 16**

• Tomorrow  
**Canada has a significant role in developing electric cars.**



Tammy Murray, vice-principal at St. Patrick's-Alexandra, stands in front of the Maitland Street school yesterday. The Halifax Regional School Board will vote tonight on whether to close St Patrick's and Saint Mary's school in the city's south end.

# School closures?

## Half-full buildings could lead to chopping block

PAUL MCLEOD  
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**The Halifax Regional School Board is deciding the fate of two Halifax schools tonight.**

St. Patrick's-Alexandra and Saint Mary's Elementary both face being shut-down. Alderney Elementary in Dartmouth is also on the chopping block. The board will vote tomorrow night on whether that school should stay open.

St. Patrick's-Alexandra has only 85 students enrolled this year in a school with a capacity for 828. It also has deferred maintenance and capital upgrade costs of \$1.15 million.

"Nobody knows," said St. Patrick's-Alexandra vice-principal Tammy Murray. "Everyone here is very hopeful and our students

**"Nobody knows. Everyone here is very hopeful and our students are in disbelief that this sort of thing is even happening."**

Tammy Murray, St. Patrick's-Alexandra

are in disbelief that this sort of thing is even happening."

The school board will decide whether to close the two Halifax schools at a special meeting tonight at Citadel High

## Enrolment

- St. Patrick's-Alexandra (primary through Grade 9): 85 students. Capacity 828.
- Saint Mary's elementary: 130 students. Capacity 132.
- Alderney Elementary; 101 students. Capacity 220.

School at 6 p.m.

Murray thinks the closure rumours partly caused a big drop-off in enrolment from last year.

"If you're a parent of a child who's going to start primary, with an impending school closure, would you register them at this school or would you go to the school that they're possibly going to end up at anyway?" Murray asked.

St. Patrick's-Alexandra's 10 per cent of capacity is by far the lowest of the three threatened schools. Alderney is also less than half full, with 101 students and

a capacity for 220. Saint Mary's is close to full with 120 students and a capacity for 132

The previous school board started the review process for these schools. Student populations have been dropping at many schools in recent years.

"It was to do with student population, but also with the infrastructure of the buildings themselves," said school board chair Irvine Carvery.

"As you know, most of our schools on the peninsula are old, 1950-era."

During the review process there were several consultations where parents showed up to lobby for keeping the schools open.

ShareYourViews

halifaxletters@metronews.ca

## Cash for info on missing cabbie

PHILIP CROUCHER  
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**DISAPPEARANCE** The province is offering cash rewards of up to \$150,000 under its major unsolved crimes program for information leading to the arrest and conviction of those responsible in the case involving a Dartmouth taxi driver missing for over two months.

Sergie Kostin, a 40-year-old from Ukraine, hasn't been heard from since picking up a fare on Gas-ton Road in Dartmouth at about 3:30 p.m. Jan. 17.

Investigators fear foul play and want to speak with two males who are believed to be his final customers that day.

Three days after going missing, Kostin's burned taxi was located at the end of Downey Road in North Preston.

An extensive search of the surrounding area failed to locate him.

"His cellphone hasn't been used (since Jan. 17). His bank account hasn't been touched," said Halifax Regional Police Const. Jeff Carr.

"He's had no contact with family members or friends."

Kostin, a balding white man with a small build, doesn't have any family in the area.

His employer, Bob's Taxi, reported him missing Jan. 19.

Kostin was driving a green Impala, with the licence plate DPS-968.

Anyone with information is asked to call 1-888-710-9090.



Sergie Kostin



Bedford Coun. Tim Outhit will host a town hall meeting with the Bedford Community Council Association on Thursday, April 2 at the Basinview Community School from 7 to 9 p.m. Issues will include the Bedford waterfront development, a new rink and the fast ferry project. **METRO HALIFAX**

**Town hall meeting in Bedford called**

# Local



## Fogarty to rock Metro Centre in May

John Fogarty is going to perform at the Halifax Metro Centre on Monday, May 18 at 8 p.m. The rock 'n' roll legend is also making a stop in Moncton during a short Martime tour. Tickets for the Halifax show are \$57.50 plus service charges and go on sale Saturday at 9 a.m.

**METRO HALIFAX**

### News in brief

**INVESTIGATION** The NDP wants the chance to investigate a government grant of \$25,000 to a newspaper owned by a federal Conservative candidate. Cabinet Minister Angus MacIsaac gave \$25,000 to the Guysborough Journal to keep it afloat in June. Paper co-owner Allan Murphy was a federal Tory candidate. The NDP wants to call government staff to a Public Accounts committee meeting for questioning.

**RESEARCH** Finance students from Saint Mary's finished as finalists at the Americas regional final for the Global Investment Research Challenge last week in New York City. The four-person team from the Sobey School of Business was one of six schools to advance to the finals, with Fundaco Getulio Vargas — Sao Paulo of Brazil coming out on top. Representing Saint Mary's was Joel Muise, Michael Jack, Nikolay Shimukovich and Victor Gendy.

**METRO HALIFAX**

## N.S. courting Korea

**PAUL MCLEOD**  
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**BUSINESS** Premier Rodney MacDonald is in Korea this week, hoping to woo a large corporation into doing business in Nova Scotia.

At the end of 2008 the province signed a memorandum of understanding with Daewoo Shipbuilding and Marine Engineering to look into new projects in the province.

"They're going to Rodney MacDonald press secretary Paul Palmeter. They're going to be getting some tours of some facilities."

"They're hoping that

(Daewoo) will be bringing some things to Nova Scotia. They're trying to attract business, not just with Daewoo but with other companies as well. They're going to be making presentations on the opportunities in the province.

The province sent a delegation of eight to Korea. There's MacDonald and two members of his staff, Energy Minister Barry Barnett and two staff members from his department, and two people from Nova Scotia Business Inc. Palmeter said they hope to lure home a lot of benefits with them.

"(Daewoo is) a massive company. Shipbuilding, marine engineering, they're into a lot of things," Palmeter said.



PHILIP CROUCHER/METRO HALIFAX

Cresco's Martin Livingston, lead designer for the IWK lottery home, stands in front of the house in Bedford that the Canadian Home Builders' Association named Canada's first EnviroHome for 2009.

## Sustainable rewards

### IWK lottery offers energy-efficient home

**PHILIP CROUCHER**  
philip.croucher@metronews.ca

**It's worth a bundle, and it can save you a bundle too.**

The IWK lottery home now open for viewing in the Ravines of Bedford South is holding quite the distinction as the Canadian Home Builders' Association named it the first EnviroHome in Canada for 2009. It's also just one of 10 for the country so far this year.

To receive this tag the house had to meet a broad range of technical and environmental criteria, and be certified to the R-2000 standard, a countrywide program that promotes better built, energy-efficient, healthy homes.

The home located at 26

### Viewings

- Viewings for the house are available until April 9 from 2 p.m. to 8 p.m. on weekdays and noon to 5 p.m. on weekends.

Worthington Place is valued at about \$1.1 million, but has many environmental innovations, that if all used properly, will result in an average monthly energy cost of \$200 per month for regular consumption. Not bad for a house with 5,000 square-feet of living space.

"If you compare this house with others its size, you'd probably expect to pay between \$400 and \$600 a month in energy costs," said Cresco's Martin

Livingston, the lead designer for the house. "I'm in a 1,800-square foot townhouse and I'm paying over \$200 a month in energy costs. And this is over twice the size of that."

The house was constructed using state-of-the-art green features including a solar pre-heating system and "grey water" recycling system. It also sports natural light tubes that provide lighting throughout the home.

"I think it's the way housing is going to be going, because energy is not going to get any cheaper," Livingston said. "Everybody realizes it's getting more and more expensive to maintain a home, and builders have to start to address some of these issues."

## Volunteer firefighters save elderly woman

**RESCUE** An elderly woman was resuscitated by volunteer firefighters in New Glasgow on Sunday night.

Firefighters were called to a two-unit apartment building on North Provost Street.

The fire, which was reported a little before 8 p.m., was contained to the first level of the building with most of the damage from the fire occurring in one room, said New Glasgow fire Chief Russell Mosher.

The tenant occupying the apartment where the fire occurred was at home at the time and had to be resuscitated by firefighters.

"I gotta tell you, our guys did some job. They went in there — the three guys just grabbed her, pulled her out onto the front lawn and started CPR. By the time EHS got here, she was starting to breathe on her own," said the department's deputy chief, Doug Dort.

**NEW GLASGOW NEWS**

**metronews.ca**

What's online today.

**Video** The Suncor-Petro-Canada merger creates a new global energy giant at [metronews.ca/canada](http://metronews.ca/canada)

**Video** Canadians react to Fox News host Greg Gutfeld's mocking remarks about Canada's military at [metronews.ca/canada](http://metronews.ca/canada)



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**Local company up for prestigious award**

InNOVAcorp has been named one of the two finalists for the National Business Incubation Association's 2009 international award for work with start-up businesses. The award recognizes the world's top business incubation models that help new companies innovate and overcome hurdles to business growth. **METRO HALIFAX**

# Top wheelchair curlers ready to rock the ice

Lakeshore Curling Club hosting national championships

JENNIFER TAPLIN  
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**The country's best wheelchair curlers are rocking it out in Lower Sackville this week.**

Nova Scotia has two teams in the mix as the Maritimes plays host for the first time to the TSX Canadian Wheelchair Curling Championships at the Lakeshore Curling Club.

Representing the province is Team Nova Scotia and a host club from Lakeshore.

"It's competitive, but we have fun doing it," said Nova Scotia skip Michael Fitzgerald.

With 10 squads competing, there are more teams at this competition than ever before. It makes for a tougher tournament for Fitzgerald's team, which placed fifth at nationals last year.

"We're going to do our best and try to build on last year's successes," he said. "We feel we've improved, but so has the competition."

The B.C. team won last year and is a heavy favourite this year, along with Newfoundland and Labrador.

Youngest on the Nova Scotia team and perhaps in the tournament is 18-year-old Nicole Durand of Eastern Passage. She got into curling over two



Larry Henley, the second on skip Richard Brown's host team, throws a rock during a practice at Lakeshore Curling Club yesterday.

years ago and fell in love with it.

"I tried just about anything at that point because I hadn't had a team sport to play," she said.

"I've been in a wheelchair all my life and this is a new (sport) for me."

It's tough finding a wheelchair-friendly team sport, but the IWK is helping with a recreational

therapist, she said.

Curling in a wheelchair can be more challenging than for able-bodied folks. Wheelchair curlers don't throw the rocks, but push them with sticks. And there's no "hurry hard!" sweeping in wheelchair curling.

Fitzgerald said using a stick to push the rocks actually helps with preci-

sion.

"The rocks are going to curl naturally but sweeping can straighten it out and carry it further. Our delivery has to be precise," he said.

"You have to judge it right and you have to get a feel for the ice. The ice conditions can change, and you've got to change with conditions."

## Bus route-mapping website launched

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**TRANSIT** It's like Mapquest for the bus.

Software developer William Lachance just launched a route-mapping website for bus users. It will tell you how far you have to walk to the bus stop, when the bus is coming and how long it will take you to get there.

"When I first moved to Halifax I needed to take a trip to Burnside and I had no idea how to get there. It was extremely difficult to figure out how to get there. I just saw a need, and I'm a software developer, so I'm always thinking about interesting problems to solve."

So last fall he hopped on his bike and took a GPS unit with him to map out most of the bus routes in peninsular Halifax. Lachance said the 20-30 hours of biking he put in was actually a small fraction of the work involved.

"The site actually has artificial intelligence software that I wrote that will plan the route out for you based on the data I put in," he

**"The site actually has artificial intelligence software ... that will plan the route out for you."**

William Lachance, software developer

said. "As much as possible it tries to minimize the amount of time you need to walk, and total time. Obviously nobody likes to transfer once they're on the bus, so it tries to minimize that as well."

The site, [www.hbus.ca](http://www.hbus.ca), has been up about a week and Lachance said he's looking for user feedback.

His site isn't associated with Metro Transit, which is planning something similar.

"We've got our own in the works, one that's standard with transit systems," said spokeswoman Lori Patterson.

"They are fairly common and we've been working on it in conjunction with some other projects, but it should be ready in the next few months."

## Board refuses gaming money

**FUNDS** A Cape Breton community health board is refusing to accept money from the province's gaming foundation.

For the fourth year in a row, the Central Inverness Community Health Board sent back annual funding from the Nova Scotia Gaming Corporation.

Board chair Betty Ann MacQuarrie said about

\$2,500 was sent back this year, and approximately \$8,000 since 2006.

"Four years in a row we've made a unanimous decision not to accept the funds, mainly because we just feel that there is so many negative issues around problem gambling that are just socially and economically devastating," she said. **CAPE BRETON POST**

## Two teen girls charged after chase

**ARRESTS** Two teenage girls were arrested Sunday night after Halifax Regional Police was involved in a short pursuit of a vehicle that failed to stop on Windmill Road in Dartmouth for a traffic violation.

The pursuit ended at the Victoria Road extension where the driver pulled over voluntarily.

An 18-year-old female has been charged with fleeing police and dangerous driving.

The passenger, a 17-year-old female, is charged with possession of pepper spray, which is a prohibited weapon.

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The Hometown Heroes Award Program, organized by Earth Day Canada, recognizes individuals and groups across Canada who make significant environmental achievements in their communities. To read more, visit the website at [earthday.ca/hometown](http://earthday.ca/hometown). **METRO NEWS SERVICES**

# Canada



## Ottawa raises seal quota

Canadians armed with rifles and clubs ventured out to ice floes off the Atlantic coast yesterday to start the annual harp seal hunt, an event that opponents say is totally unjustified. Ottawa announced on Friday night that hunters will be allowed to kill 280,000 young harp seals out of a herd of 5.5 million, slightly more than the 275,000 limit set last year.

REUTERS

# Find your niche, experts say

## Riding the Recession

**The recession hit just as 51-year-old Calgary Dale McKenzie retired from a 30-year career in policing.**

He didn't panic about his investments — he has niche skills that are helping

him survive during the recession. He works as a clown named Bumper and he is starting an investigative business that delves mostly into mortgage fraud. "There's no lack for that kind of stuff," he said. "As long as there is mistrust and as long as there are lawbreakers, there will be room for private investigation."

McKenzie has also been a clown for eight years, and while he said business isn't booming, it isn't failing either. He thinks there will always be a demand for people who can put a smile on your face.

Karen Fraser of Angus One Professional Recruitment in Vancouver said it's crucial for people to have a specialized skill set or can

break into a niche market like McKenzie.

"Across the board, there's still a wide range of companies hiring," she said. "People are hiring in online marketing and Internet shopping, which has seen growth ... specialized positions are still consistent."

The Alberta government's predictions fall in line with Fraser's experi-

ence in B.C. — projections for the next decade say there will be more than enough jobs for architects, dietitians, nutritionists, physical therapists, archivists, and school counsellors.

But even if you don't have a specialized set of skills, Canadian staffing companies are hopeful the summer seasonal work re-

verse jobs lost to the economic downturn.

"From what we see, landscaping work and construction should be picking up here shortly," said Clint Belcourt with Tips Staffing in Calgary. "Seasonal employment will kick off, which will help some people out and stimulate a little excitement."

JENNIFER HILLIKER/  
FOR METRO CANADA

## UN envoy's driver released in Mali

**KIDNAPPING** A local driver from Niger who was kidnapped along with two Canadian officials in the West African state in December has been released in neighbouring Mali, UN officials said yesterday.

Soumana Mounkaila was driving a UN vehicle in which UN special envoy to Niger Robert Fowler and his aide Louis Guay, both former Canadian diplomats, were travelling when all three were seized.

REUTERS

## News in brief

**INQUIRY** The Mountie in charge when a Polish immigrant died after being Tasered at the Vancouver airport told an inquiry yesterday: "This should never have happened." The comment came during a day of inconsistent testimony from Cpl. Benjamin Robinson, who said he ordered another RCMP officer to use the Taser on Robert Dziekanski two, perhaps three times, he couldn't remember.

TORSTAR NEWS SERVICE

## Soldiers' bodies return home

**WAR** Mourners at an Ontario military base bowed their heads and wiped away tears yesterday during a moving repatriation ceremony for four Canadian soldiers killed in Afghanistan last week, CBC News Online reported.

The huge C-17 Globemaster military plane carrying the remains touched down around 2:30 p.m. EDT at Canadian Forces Base Trenton, east of Toronto.

Master Cpl. Scott Vernelli, Cpl. Tyler Crooks, Trooper Jack Bouthillier and Trooper Corey Joseph Hayes, who were all based at CFB Petawawa in Ontario, were killed in two separate incidents Friday in southern Afghanistan.

Under a cloudless blue sky, a lone bagpiper played as military escorts carried the flag-draped coffins — in order of senior to junior rank — to waiting hearses.

Dozens of family members, clutching flowers and each other, took turns placing roses on the coffins.

Gov. Gen. Michaëlle Jean, Defence Minister Peter



Marcie Lane, the wife of late Master Cpl. Scott Vernelli, cries upon the arrival of her husband's casket at Canadian Forces Base Trenton, while holding their daughter Olivia, yesterday. Vernelli died in Afghanistan on Friday, along with Cpl. Tyler Crooks, Trooper Jack Bouthillier and Trooper Corey Hayes.

MacKay, Afghanistan's consul general to Canada, Habibullah Qaderi, as well as several senior military officials were at the ceremony.

METRO NEWS SERVICES

## Toronto dwellers pollute less: Report

**GREENHOUSE GASES** When it comes to climate change pollutants, Toronto residents are among the greenest in Canada, says a new study.

The report, published in the April issue of the journal *Environment and Urbanization*, says metropolises, commonly denigrated as big, dirty places, are in fact spewing less greenhouse gases per capita than the rest of their countries.

"Blaming cities for climate change is far too simplistic," said author David Dodman, a researcher at the International Institute for Environment and Development in London, England. "There are a lot of economies of scale associated with energy use in cities. If you're an urban dweller, particularly in an affluent country like Canada or the U.K., you're likely to be more efficient in your use of heating fuel and in your use of energy for transportation."

Dodman found that the average Canadian is responsible for 24 tonnes of greenhouse gas emissions each year, while Torontonians just 8.2 tonnes.

But it's not all good news for the GTA.

The study, based on data from 12 international cities, ranked Toronto as the third-worst for per capita greenhouse gas emissions, behind Glasgow (8.4 tonnes) and Washington, D.C. (19.7 tonnes).

Dodman says four factors generally account for the differences between the cities: the electricity supply (nuclear versus coal), climate, quality of public transportation and wealth of consumers.

Dodman also acknowledged his study excluded some sources of greenhouse gases, such as airports. He also noted greenhouse gas emissions were recorded where a product was made, not where it was consumed.

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**Japanese astronaut road-testing stink-free underwear**

Japan's space scientists have developed a line of odour-free underwear and casual clothing. Koichi Wakata, the first Japanese astronaut to live on the International Space Station, is testing the clothes, called J-ware and created by textile experts at Japan Women's University in Tokyo. **REUTERS**

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# World

**FedEx plane crashes**

A FedEx Corp. cargo plane crashed and burst into flames as it landed at Japan's Narita airport yesterday, killing the two crew members on board and closing the main runway, causing the cancellation of more than 30 flights at the busy gateway to Tokyo. **REUTERS**

## Montana flight too crowded?

More people than seats: Official

**The plane that crashed in Montana and killed all seven children and seven adults aboard had more passengers than seats, an official said yesterday.**

National Transportation Safety Board acting chair Mark Rosenker said his team is investigating whether the 10-seat plane was carrying too much weight and why it nose-dived short of the runway in Butte, Mont. The single-engine plane had no "black box" data recorder and the investigation could take months.

All the children were under age 10. Only one, a one-year-old, by regulation could have been seated on

an adult's lap. That left 13 people and 10 seats.

Rosenker stopped short of saying the plane was overcrowded. Officials changed the number of passengers and seats aboard the plane as the investigation progressed.

Rosenker said three families were in the Pilatus PC-12 turboprop plane heading from California to a ski vacation near Bozeman, Mont.

The pilot, a 65-year-old with years of flying experience, requested twice to divert to Butte from Bozeman, without giving a reason, and both times the flight controller approved the change. **REUTERS**

**Israel Dispersing protest**

Israeli border police officers detain a Palestinian woman in east Jerusalem yesterday, during an event marking Jerusalem's tenure as the Arab League's "capital of Arab culture" for 2009. According to an Israeli police spokesperson, several activists were detained as the police dispersed an illegal gathering. **REUTERS**

## Accused Mumbai shooter begins trial in Indian court

**ATTACKS** The man accused of being the lone surviving gunman in last year's Mumbai attacks told an Indian court yesterday that he was from Pakistan and wanted legal assistance.

The trial of Mohammed Ajmal Kasab began yesterday via a video link with his prison in Mumbai.

Gunmen killed 166 people in a three-day rampage in the city last November.

Police say Kasab was one

of 10 gunmen who arrived in Mumbai by sea and rampaged through local landmarks. Pictures of Kasab, wearing sneakers and carrying an automatic rifle and backpack, were published around the world.

Kasab has since been held in jail, with Indian lawyers refusing to defend him. The trial was moved to March 30 to allow more time to assign a Pakistani lawyer to his case. **REUTERS**

**News in brief**

**ALASKA** Mount Redoubt volcano erupted with a burst of ash that rose more than nine miles with more eruptions expected. The first occurred at 10:38 p.m. Pacific time Sunday, followed by four smaller blasts.

**BOMBING** A suicide bomber blew himself up at a Kurdish funeral in Iraq's volatile, ethnically mixed northern Diyala province yesterday, killing 25 people and wounding 45, police said. **REUTERS**

## Host apologizes after mocking Canadian military

**COMMENTS** The host of a satirical, over-the-top Fox TV show has apologized for any disrespect he may have caused to the Canadian military with a recent segment on his program.

In a five-minute segment broadcast March 17, Red Eye host Greg Gutfeld mocked the Canadian Forces, noting Lt.-Gen. Andrew Leslie's recent comment that the military may need a year to recover after Canada's mission in Afghanistan ends in 2011.

"Meaning, the Canadian military wants to take a breather to do some yoga, paint landscapes, run on the beach in gorgeous white Capri pants," Gutfeld had said. **CBC NEWS ONLINE**

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# Comment & Views

## Comment

# So much for freedom of speech

## NationalReport

Lawrence Martin

metronews.ca/nationalreport

W hew! Let's breathe a sigh of relief now that British MP George Galloway has been barred from entering our country. Our children are safe. No telling what dam-

age could have been rendered by this heinous threat to our national security.

If reports are correct, Canada is the only country in the world that bars the sitting MP, who has been elected five times to the British parliament and has no criminal record. The Americans let him in. Even Israel, despite his pro-Hamas views, let him in.

So what is the Harper government trying to do here? Ramp up its right-wing credentials to the point where Canada is seen as a denier of freedom of speech?

Some of Galloway's views are wacko. We can disagree readily with his take on Israel, with his support for Hamas, but does that mean you gag him? Others, Canadians and Americans, have supplied aid to Hamas and controlled Gaza. Will that get them the same kind of treatment? As someone said of Galloway, the best way to expose the folly of his arguments is to allow him to come here and spout them.

The Galloway ban follows one taken against an American citizen. William Ayers, the old friend of Barack

Obama who was a figure of controversy in the U.S. presidential election, was an advocate of radical violence four decades ago. He has since become a distinguished professor of education, who serves on dissertation committees at the University of Ottawa and Toronto. He has been allowed into Canada many times. He arrived to give a speech at the U of T in January, only to be told by immigration officials that he had a 40-year-old felony conviction, which he denies. When Ayers asked them if they really thought

he was a security threat, he said they laughed, before saying it wasn't their decision.

The bans are in keeping with other hardline measures by the Harperites recently. The government, which takes a leisurely attitude toward Guantanamo, is going ahead with the deportation of conscientious objectors to the war in Iraq — even though the prime minister disavowed his support for that war in last fall's election campaign.

The government last week announced it was not

renewing \$2.5 million in contracts for the Canadian Arab Federation to teach English to new immigrants.

On Iran, it has escalated the rhetoric against the government there — this while Obama moves to moral high ground with a diplomatic overture to Tehran to narrow the differences.

All quite strange. Rather than calm tensions, Ottawa's intent seems to be to inflame them.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.

## The happy Muslims who confuse you



Mona Eltahawy  
Global View

There's something wrong with the pictures coming out of Pakistan these days.

Ever since Pakistani President Asif Ali Zardari reinstated the country's chief justice, I've been trying to figure out what it was.

And then it hit me. Happiness. Joy. Celebration.

How often do we see pictures of happy Muslim men? I've developed a theory about the Muslims we see in the media, who are usually from Pakistan.

Angry Bearded Muslim Man is the favourite. Whenever the Muslim world is

supposed to be upset or offended, invariably that story is illustrated by images of Angry Bearded Muslim Man: Marching (usually in Pakistan), shouting (fists raised in righteous anger), and burning something (an American flag, an Israeli flag, preferably both!)

His female counterpart is Covered In Black Muslim Woman. She's seen, never heard. Visible only in her invisibility under that black chador, burqa, face veil, etc.

In those images you have conveyed all you want to say about Muslims: The men are angry and dangerous; the women are covered in black.

While there are some Muslims who fit both de-

scriptions they are not the majority, and they are utterly insufficient in describing the diversity of views, appearances and attitudes among Muslims. And they are my biggest competitors and nemesis' when I give lectures or appear on television.

My first U.S. TV appearance was on Fox News' The O'Reilly Factor. After the usual back-and-forth yelling, some viewers sent me emails, asking, "Are you sure you're a Muslim? Where's the headgear?"

Others wanted to know why I spoke English so well. Clearly, I did not deliver on the Covered In Black Muslim Woman that central casting usually offers to viewers. I was confusing

them.

Which brings me back to the happy Pakistanis in our newspapers these days.

While I'm the last person to deny the danger of radicals in the Muslim world, I also enthusiastically wave the flag for those of us who call ourselves liberal, secular Muslims.

In other words, I live to confuse you by subverting the stereotype of Muslims that you always see and hear from. Go on — take a look at my picture.

Here's to more pictures of Happy Muslim Men and Women Who Confuse You.

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.



It's your turn to tell others what you think. Email your thoughts and opinions to: [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca)

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

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**Bonus regulation law in store for France**

France will introduce a law to limit executive bonuses in the form of stock options or shares because businesses have failed to accept a voluntary accord, a government spokesman said, adding that bosses should not be able to raise their bonuses unless employees also received increases. **REUTERS**

7

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## India's Tata pins hope on new Nano car

**AUTOS** Ratan Tata must be hoping yesterday's launch of the Nano, the world's cheapest car, marks a change in fortunes for his company Tata Motors after a difficult 2008.

Though the \$2,000 US snub-nosed Nano received a rapturous reception, the credit crunch complicated funding for a deal to buy the Jaguar and Land Rover brands last March. In November, the Tata Group's Taj Mahal hotel was one of the sites of militant attacks in Mumbai, in which more than 160 people died.

But with the Nano, made for European and U.S. markets in mind, Tata hopes the Nano could become a symbol of Indian pride: "I just hope the dream that we've all had and we've worked so hard for proves itself to be the kind of product that we would like it to be." **REUTERS**

## The DAILY BUSINESS BUZZ

**ScoZinc extends stay:**

ScoZinc Limited has received a further extension to the stay period it had been granted by an order of the Supreme Court of Nova Scotia pursuant to the Companies Creditors Arrangement Act. The order granted by the Court extended the period of creditor protection until May 22.

**Candy store to reopen:**

Robertson Candy, located on 43 Charles St. in Truro, will be open again soon, the owner's son says, after the business sustained minor damage after a fire on Friday.

**Ferry disruption:**

Ferry service between Digby and Saint John will be disrupted this week when the Princess of Acadia heads for a refit in Halifax. The 1 p.m. sailing to Saint John on Thursday, March 26, will be the last scheduled cross for two weeks.

Get the full stories delivered to your inbox every morning. Sign up today for the **DAILY BUSINESS BUZZ** [nsbj.ca](http://nsbj.ca)

## Suncor buys Petro-Can

### Largest Canadian oil and gas takeover yet

**Suncor Energy Inc. said yesterday it will buy rival Petro-Canada to create Canada's biggest oil company, dominant in the Alberta oilsands and able to slash costs as it looks to weather a period of low oil prices.**

Suncor is offering \$18.43 billion for Petro-Canada in an all-share deal. That makes it the largest Canadian oil and gas takeover yet, according to Thomson Reuters data, and the biggest takeover of a Canadian company since 2007, when Rio Tinto bought Alcan for \$43 billion US.

The deal targets \$1.3 billion in annual savings for the combined company as oil prices plummet, which have made it hard to turn a profit from oilsands operations in northern Alberta.

The merger of the two will create a company with 100 years worth of re-



Suncor chief executive Rick George, left, and Petro-Canada chief executive Ron Brenneman at a conference in Calgary yesterday.

serves, four refineries in Canada and the United States, a chain of retail gas stations and more than 680,000 barrels per day of oil and gas production.

Petro-Canada shareholders will receive 1.28 common shares of the merged company for each Petro-Canada share, while Suncor shareholders will get one common share of the

merged company for each Suncor share. **REUTERS**

**Market reaction**

- Petro-Canada's shares jumped \$6.05, or 20 per cent, to \$35.70 in Toronto, while Suncor slid 16 cents to \$30.74.
- The S&P/TSX composite index rose 452.16 points, or 5.32 per cent, to 8,598.51.

## Bank shares soar on \$1T toxic asset plan

**U.S.** Bank shares soared on hope a U.S. government plan to rid lenders of up to \$1 trillion US of troubled assets will resuscitate lending, earnings and the economy.

Bank of America rose 26 per cent to \$7.80 and Citigroup rose 19.5 per cent to \$3.13, while JPMorgan Chase & Co rose 24.7 per

cent to \$28.86. Major U.S. stock indexes rose about seven per cent.

The Public-Private Investment Program calls for the government to provide financing for private investors to buy assets from banks, with the government shouldering much of the risk. Those assets have

been illiquid because investors and banks have been far apart in assessing what they are worth.

While it is unclear how assets would be priced, opening the market could allow banks to free up capital, lend more and perhaps raise new private capital on their own. **REUTERS**

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## Consumer confidence picks up

**MARCH** Consumer confidence picked up in March as more Canadians said now was a good time to make a major purchase, while the majority saw their financial situations unchanged over the coming six months, the Conference Board of Canada said yesterday.

The board's Index of Consumer Confidence rose to 71.5 in March, up 2.7 points from February and above the 67.7 hit in December, the lowest mark since the 1981-82 recession.

"Considerable concern" remained over financial pressures, the board reported, but sentiment improved on the question of future employment opportunities.

The survey was done ahead of the most recent employment report, which showed Canada had lost 82,600 jobs in February.

**"It appears that most people feel unaffected by the ongoing Canadian recession."**

Conference Board

An increasing number of Canadians believe now is a good time to make a major purchase such as a home or a car. That number rose to 34.7 per cent, up 4.6 points from February.

On questions about the current and future financial situation, the majority of responses fell into the "unchanged" category, the Conference Board said.

"It appears that most people feel unaffected by the ongoing Canadian recession and believe they will continue to be unaffected going forward," the organization said. **REUTERS**

## Business in brief

**INVESTMENT** Time Warner Inc. will invest \$241.5 million US in Central European Media Enterprises, the companies said yesterday. The investment will give Time Warner a 31 per cent stake in CME, a broadcaster in seven European countries, including Bulgaria, Croatia and

Czech Republic. In a separate deal, Time Warner's Warner Bros. movie studio formed a partnership with CME to launch and operate Warner-branded television stations in the Central European company's territories. **REUTERS**

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EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

## Chip, PIN technology key to fraud-free future

**March is fraud prevention month and Canadians are encouraged to become more aware of the dangers of fraud, to learn how to recognize it, report it and stop it.**

Already in wide use around the world, many Canadians are starting to use a new generation of debit and credit payment

cards that contain an embedded microchip and use chip and PIN technology.

Canadians shopping with chip cards at chip-enabled store terminals experience only minor differences in the way they pay for goods. Cardholders insert their chip card into the terminal where it remains for the duration of

the transaction and follow the prompts provided on the terminal screen before they remove their card. For credit card chip transactions, cardholders enter a PIN, as they do today with debit cards, rather than sign a sales slip.

**Why is the chip card better?**

Chip cards and chip card

terminals work together electronically validating both the card and the cardholder using a PIN. Chip and PIN is the next evolution of electronic payments in Canada, helping to make an already safe credit and debit card payment system even more secure.

"As fraud continues to evolve, we know it's important to continue investing in fraud prevention and detection technology," said Stacy Bennett, RBC's head of Fraud Strategy and Initiatives. "We've also issued over a million chip and PIN cards to our clients giving them enhanced security and peace of mind."

Canada's conversion to chip technology will take a few years to complete because millions of credit and debit cards will have to be replaced with chip cards. At the same time merchants across Canada are converting to terminals capable of processing a chip transaction. For the time being, Canadians will continue to see both "chip and PIN" and "swipe and sign" transactions depending on the terminal used. Chip cards will be issued with a magnetic stripe so that cards can continue to be used around the world in countries that have not yet transitioned to chip and PIN technology.

NEWS CANADA

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**Tip of the Day:** The task of the modern educator is not to cut down jungles, but to irrigate deserts. — C. S. Lewis



Canada's conversion to chip technology will take a few years to complete.

**Investing**

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**WILL RETURN ...**



# Better at the money game?

When it comes to money, women really are more responsible than men, with an international survey finding that they're less likely to get into debt and strive harder to become financially independent. **REUTERS**

## Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

# Getting a grip on when and how much to tip

## SmartCookies



once had a server who didn't actually serve me much of anything. I ended up getting my own syrup for my cold pancakes and a glass of juice from the bar. I still left him 15-per-cent gratuity.

It's the former service worker in me that feels like I have to do this to supplement his income. But tipping should be more about the service and in some cases, the relationship you have with the person providing it. Yet there is always confusion. Who, when and how much are all questions that elicit different answers.

Take your barista, for example: Does she automatically get your spare change in her cup? What about the guy who hands you your bag of take-out?

Etiquette experts say it's not necessary but recommend that if it is someone you see often, it's a good idea to show appreciation. If, like most people, you have trouble quickly calculating the appropriate amount to tip, visit [smartcookies.com](http://smartcookies.com) for a quick and easy guide.

The norm for restaurant service is 15-20 per cent. If you're in a large group, be sure to check if gratuity is already included, as it often is for large parties. And even if you used a gift card or a two-for-one coupon, you should still tip on the amount you would have paid without the voucher.

For most other restaurant staff, such as a bar server or checkroom, \$1 to \$2 is an acceptable tip.

**"If you happen to be unhappy with the service, never leave zero for a tip without speaking to a manager about the situation. Not leaving anything just makes you look cheap and won't solve the problem."**



If you're in a large group, be sure to check if gratuity is already included as it often is for big parties.

If there are services you are unsure about how much to tip, call ahead and ask what the norm is.

In situations where there can be multiple people looking after you, such as a beauty salon or spa, the easiest thing to do is tip about 15-20 per cent on the entire bill and ask that the tip be split between those who attended to you.

When travelling, it's best to keep a bunch of small bills on hand, so that you're prepared and don't feel awkward asking for change

or giving more than you wanted to. Be sure to check into the cultural norms wherever you are visiting. As a point of interest, tipping is considered rude and is rarely done in Japan, except in certain cases.

If you happen to be unhappy with the service, never leave zero for a tip without speaking to a manager about the situation. Sometimes it may not have been the person's fault.

Not leaving anything just makes you look cheap and won't solve the problem.

You may also receive some kind of compensation for letting them know about the problem so they can fix it.

For more great tips, tune into Smart Cookies Monday night at 10:30 p.m. on the W network.

If you have any questions or comments for the Smart Cookies, you can email [smartcookies@metronews.ca](mailto:smartcookies@metronews.ca).

Tune in Monday nights at 10:30 p.m. EST/PST on the W Network and be sure to visit [smartcookies.com](http://smartcookies.com) for more tips.

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### Is renting out the condo wise?

## MoneyMatters

**Henry Choo Chong**

[metronews.ca/moneymatters](http://metronews.ca/moneymatters)

**Q** Currently, my wife and I own a condo that we bought five years ago. We would like to move into a house and rent the condo. Is this a good idea and are there any tax consequences?

—Eric

**A** Investing in real estate has made many individuals wealthy. The Canadian real estate markets have experienced phenomenal growth the past years but are currently declining in both price and sales. Many real estate experts agree: It is a buyers market. But when we will hit bottom? You could make millions selling crystal balls!

First-time buyers should not try to predict the market but buy when they can comfortably afford to do so. Investors should do some research into being a landlord and the tax consequences related to buying and selling real estate. Too many investors jump into purchasing real estate without considering legal and tax implications.

As the condo would be your principal residence at the time you purchase your house, there will no taxes to give to CRA. How-

ever, the condo's fair market value would be considered the cost of the condo for calculating capital gains tax on disposition.

Consider some of these issues before investing:

- Talk to your banker about qualifying for financing.

- Are you prepared to be a landlord?

- Can you carry condo expenses for several months if property is vacant or has a bad tenant?

- When and how do you report rental income?

- What must be done when you purchase or sell?

- What are the tax consequences of real estate?

- Is there a difference between commercial or residential property?

- How should you take ownership and how long do you intend to hold investment?

Invest some time and consult a good real estate lawyer and tax adviser.

## Henry's tax tips

- Sale of real estate investment attract capital gains tax.
- Capital gains are taxable on 50 per cent of gain.
- Gains are taxed at individual's marginal tax rate.
- Capital gains are calculated by subtracting adjusted cost from proceeds of investment.

Henry Choo Chong, CGA, can be reached at [choochonghcg@yahoo.ca](mailto:choochonghcg@yahoo.ca).

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**Farmers**

[farmersdairy.ca](http://farmersdairy.ca)



Curt Schilling officially retired from baseball yesterday, announcing on his blog that he's leaving the game after 23 years with "zero regrets." Schilling missed all of last season with a shoulder injury. The gritty pitcher retires with 3,116 strikeouts and three World Series titles with the Diamondbacks and Red Sox. **METRO NEWS SERVICES**

# Sports

EDITOR: JOHN.CHICK@METRONWS.CA

## Canada keeps rolling in Korea

**CURLING** Jennifer Jones broke open a close game with three points in the eighth end to beat Norway 8-5 in Draw 8 of the world women's curling championship in South Korea yesterday. The defending champion rink from Winnipeg improved to 5-0, good for a first-place tie with Denmark's Angelina Jensen. Earlier in the day, Canada used a five-point fifth end to secure a 9-3 victory over Scotland's Eve Muirhead. China's Bingyu Wang and Sweden's Anette Norberg were tied for third at 4-1 through eight draws, with Mirjam Ott of Switzerland next at 3-2.

METRO NEWS SERVICES

For more sports coverage visit: [metronews.ca](http://metronews.ca)

## Canadiens on the block?

This was supposed to be the most celebrated year yet for hockey's oldest and most storied franchise, the 100th anniversary of the Montreal Canadiens.

Instead, its chances at a playoff spot are dimming, its coach has been fired, its players have been accused of befriending gangsters, and now, its owner is looking to sell.

Citing economic pressures, the Habs' American owner, George Gillett, has taken the first steps needed to offload the team, which could see him make a handsome profit.

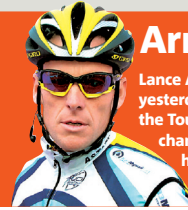
The Gillett family has retained the services of BMO Capital Markets to "assess

various strategic alternatives to optimize the value of its corporate assets," team president Pierre Boivin said in a statement yesterday.

Drama and the Habs have been synonymous this season. The team's record is dismal — it has lost its last five games even as Gainey has taken over behind the bench. A month ago, it was reported that three of its players had links to an alleged organized crime figure who's been charged with drug trafficking.

Billionaire Cirque du Soleil owner Guy Laliberte and Celine Dion and her husband, René Angélil, have been speculatively named as owners.

So has Research in Motion owner Jim Balsillie,



## Armstrong breaks collarbone

Lance Armstrong said he will have surgery after breaking his collarbone yesterday during a race in Spain, leaving in question his participation in the Tour de France in July. "I'm alive!" the seven-time Tour de France champ wrote on his Twitter feed. "Broken clavicle (right). Hurts like hell for now."

METRO NEWS SERVICES



In addition to the Habs, Gillett's assets include the Bell Centre and an entertainment group which stages events there.

who has long coveted a hockey team and was quoted last fall as saying the Canadiens were for sale, a remark hotly denied by Gillett.

A spokesperson for Balsillie yesterday offered "no comment" on the possible sale.

Gillett stands to make a

tidy profit on the club, which he bought in 2001 for \$181 million. Last October, Forbes Magazine pegged its value at \$334 million and ranked it the third most valuable team after the Toronto Maple Leafs and the New York Rangers.

TORSTAR NEWS SERVICE

## Sports in brief

**NHL** The Montreal Canadiens assigned forward Max Pacioretty to Hamilton of the AHL yesterday. The 20-year-old returns to the Bulldogs after playing in 34 games with the Canadiens. Pacioretty posted three goals with eight assists with the Habs.

**NFL** The defending Super Bowl champion Pittsburgh Steelers will open the 2009 NFL season on Thursday, Sept. 10 at home against the Tennessee Titans. The NFL announced its prime time games for the 2009 Kickoff Weekend yesterday. Buffalo will visit New England in the opener of the Monday night twinbill, while Oakland will host San Diego.

**MLB** San Francisco Giants pitcher Kelvin Pichardo was given a 50-game suspension for testing positive for a performance-enhancing substance banned under MLB's drug testing program. **METRO NEWS SERVICES**

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IN THEATRES APRIL 3

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**metro**

## WBC Japan, South Korea for title



Hiroyuki Nakajima of Japan lays down a bunt in the first inning of the finals of the 2009 World Baseball Classic against Korea last night. For a complete recap, visit [metronews.ca/sports](http://metronews.ca/sports).

## SCOREBOARD

<b>PBL</b>		y-clinched wild-card berth		<b>TONIGHT'S GAME</b>		Carolina 3 Florida 2 (OT)	
		SATURDAY'S GAME		Rimouski at Chicoutimi		Philadelphia 4 New Jersey 2	
ATLANTIC CONFERENCE		Montreal at Halifax, 7 p.m.		<b>SERIES E</b>		Detroit at Calgary	
W L PCT		SUNDAY'S GAME		<b>MONCTON LEADS SERIES 2-0</b>		<b>TONIGHT'S GAMES</b>	
y-Manchester 16 4 .800		Montreal at Halifax, 2 p.m.		<b>TONIGHT'S GAME</b>		Washington at Toronto	
x-Vermont 13 6 .684				Moncton at P.E.I.		Minnesota at N.Y. Rangers	
<b>HALIFAX</b> 10 8 .556		<b>QMJHL</b>		<b>SERIES F</b>		Atlanta at Montreal	
Quebec 4 13 .235		<b>PLAYOFFS</b>		<b>CAPE BRETON LEADS SERIES 2-0</b>		Columbus at Tampa Bay	
Montreal 3 11 .214		<b>SERIES A</b>		<b>TONIGHT'S GAME</b>		Anaheim at Nashville	
CENTRAL CONFERENCE		<b>DRUMMONDVILLE LEADS SERIES 2-0</b>		Cape Breton at Saint John		Los Angeles at St. Louis	
W L PCT		<b>TONIGHT'S GAME</b>		<b>SERIES G</b>		Vancouver at Dallas	
y-Battle Creek 16 2 .889		Drummondville at Lewiston		<b>GATINEAU LEADS SERIES 2-0</b>		Detroit at Edmonton	
Detroit 6 12 .333		<b>SERIES B</b>		<b>TONIGHT'S GAME</b>			
Chicago 6 12 .333		<b>SHAWINIGAN LEADS SERIES 2-0</b>		Gatineau at Acadia-Bathurst		<b>NBA</b>	
Mid-Michigan 2 11 .154		<b>TONIGHT'S GAME</b>		<b>SERIES H</b>		<b>YESTERDAY'S RESULTS</b>	
ATLANTIC CONFERENCE		Shawinigan at Victoriaville		<b>SERIES TIED 1-1</b>		Atlanta 109 Minnesota 97	
W L PCT		<b>SERIES C</b>		<b>TONIGHT'S GAME</b>		Chicago 101 Washington 99	
x-Rochester 14 3 .824		<b>QUEBEC LEADS SERIES 2-0</b>		Montreal at Rouyn-Noranda		Miami 94 Memphis 82	
x-Wilmington 13 5 .722		<b>TONIGHT'S GAME</b>				Orlando 106 New York 102	
Augusta 10 10 .500		Quebec at Baie-Comeau		<b>NHL</b>		Boston 90 L.A. Clippers 77	
Buffalo 1 17 .056		<b>SERIES D</b>		<b>YESTERDAY'S RESULTS</b>		Denver at Phoenix	
x-clinched playoff spot		<b>RIMOUSKI LEADS SERIES 2-0</b>				Philadelphia at Portland	



**Wild lose captain**

Minnesota Wild centre and team captain Mikko Koivu will miss at least a week with a knee injury. **METRO NEWS SERVICES**

sports **11**

# Level the playing field

Last December I read a newspaper article that took a shot at good-looking women in sports broadcasting. It maintained physical appearance took precedence over talent.

How depressing! I'd been an athlete all through school, ran track, figure skated, and even spent time in the penalty box after trading punches with a fellow hockey player. I'd covered sports for my university's TV, radio, and print media outlets, but darn, I was a woman — and blond at that. There went my credibility as a sports broadcaster. Talk about an unlevel playing field.

Take 60 Minutes commentator **Andy Rooney**, who last October, made this unsportsmanlike comment: "What really bugs me about television's coverage is those damn women they have down on the side-



**Julie Stewart-Binks**  
Guest columnist

lines who don't know what they'll never fully understand sports because I'll never have the chance to play in the NHL or the NFL. They say men don't want to hear a woman talk about a sport she can't play.

So how did **Rod Black** cover figure skating all those years? What female sportscasters and female athletes have in common is that, to steal a line from **Rodney Dangerfield** — we get no respect.

I want sports networks to start showing women respect in the hockey arenas, football fields and baseball diamonds, cover our games and tournaments and to hire more women to cover sports.

It's time to level the playing field, boys.

But scantily clad tennis, figure skating and volleyball athletes get the coverage. When I tell men my

age my career goals they say I'll never fully understand sports because I'll never have the chance to play in the NHL or the NFL. They say men don't want to hear a woman talk about a sport she can't play.

So how did **Rod Black** cover figure skating all those years? What female sportscasters and female athletes have in common is that, to steal a line from **Rodney Dangerfield** — we get no respect.

I want sports networks to start showing women respect in the hockey arenas, football fields and baseball diamonds, cover our games and tournaments and to hire more women to cover sports.

It's time to level the playing field, boys.

Julie Stewart-Binks is currently a student at Queen's University with hopes of pursuing a career in sports broadcasting.

## Ex-girlfriend depicts Raptors star Bosh as deadbeat father in child support case

**Chris Bosh is being cast in U.S. court documents as a deadbeat father who broke up with his girlfriend when she was seven months pregnant, leaving her destitute and without medical care even as she fell ill.**

The court documents, filed in Maryland on behalf of Bosh's former live-in girlfriend Allison Mathis, who is seeking child support and sole custody, allege that in early 2008 Mathis and Bosh planned to get married.

According to the filings they made a consensual decision to have a child together and Bosh, who is earning a salary of \$14.4 million US this season, paid for a fertility drug to hasten the process.

And not long after Mathis conceived — at last year's NBA all-star weekend in New Orleans, according to a sworn affidavit signed by Mathis — the couple moved into a jointly owned \$1.6 million US home in Texas.

But upon Bosh's return from the Beijing Olympics in August of last year, the player signalled his intention to, according to the complaint, "move on" from the relationship.

With Mathis seven months pregnant it is alleged Bosh stopped supporting her financially and attempted to have her removed from their home.

Without money to pay

for her obstetrician appointments, Mathis, according to the documents, suffered "break-through bleeding and a constantly upset stomach" while utility companies threatened to disconnect her electricity, gas and water.

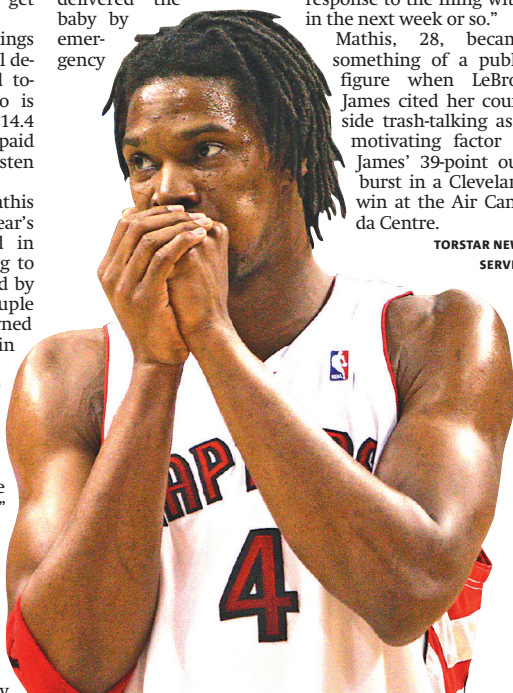
According to the filings, Mathis returned to the Maryland suburbs of Washington, D.C., to live with her mother; was admitted to hospital due to complications in the pregnancy; and delivered the baby by emergency

C-section on Nov. 2, 2008. Four-month-old Trinity Meyers Mathis, according to the court documents, has laid eyes on her father twice, both times in a hotel when the Raptors were in town to face the Wizards.

Bosh, who turns 25 today, did not return a request for comment yesterday. Said Vincent Wills, Bosh's Maryland-based attorney: "Obviously Chris denies all the allegations in the complaint. We're going to be filing our response to the filing within the next week or so."

Mathis, 28, became something of a public figure when LeBron James cited her court-side trash-talking as a motivating factor in James' 39-point outburst in a Cleveland win at the Air Canada Centre.

**TORSTAR NEWS SERVICE**



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SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

## Employees turning to education

Onus now on individual to build job skills: Experts

RAFAEL BRUSILOV  
for Metro Canada



**In uncertain economic times, continuing education programs can be a pillar of career-building strength, but only if people take the initiative themselves, experts say.**

Andrew Cochrane, president of the Canadian Association for University Continuing Education (CAUCE) and dean of the College of Continuing Education at Dalhousie Uni-

versity, says as employers tighten their belts, they are less likely to front money for employees to get advanced training. The onus gets placed on individuals to search out continuing education programs that enhance their skills and to fund that training on their own.

"The employer is not paying as much now for training employees as the individual is," Cochrane said.

Marilynn Booth, director of the School of Con-



Continuing education programs can be offered in-class or online, through distance learning.

tinuing Studies at the University of Toronto and former president of CAUCE,

says that as a result of less corporate-funded education, schools need to work harder than ever to offer meaningful, effective programs to attract enterprising students.

"The need for continuing education increases as people feel more threatened in their work lives. The onus is on continuing education providers to be on the leading edge and build programs that serve the needs of the future," Booth said.

Cochrane says enrolments in continuing education programs are up across Canada. That's because learning institutions of all types generally do well in weakened economies as people try to retrain into new careers.

What is worrying, he

**"The employer is not paying as much now for training employees as the individual is."**

Andrew Cochrane

says, is that many of the people being laid off in the economic downturn are those who had just started their careers and were expected to succeed aging Baby Boomers as they retired, leaving an impending leadership void once those Boomers retire.

Cochrane says many companies are just not training enough young leaders to take over the roost.

"We were in bad shape

before with succession planning and we're going to be worse off in the future," Cochrane said.

While the Internet has had a profound impact on how education takes place, Cochrane says it hasn't replaced in-class learning — rather, it has strengthened it. He sees a trend in older students taking continuing education courses online as well as fewer recreational students doing it just for fun.

"When distance education came about, there were people saying, 'That's the end of the face-to-face classes.' Well that's clearly not the case. Online learning facilitates flexibility but the composition of who's online is changing as well," Cochrane said.

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## Continuing Education

is a special feature that focuses on personal and professional development.

continuing education **13**

# Ancient art a lifelong study

JON TATTRIE  
for Metro Halifax



**The ancient Japanese art of ikebana gives students a chance to explore themselves through flowers, says Miyako Ballesteros, a Halifax master of the craft.**

Ikebana is a lifelong study, she explains. The learning does not come from merely memorizing the basic tenets of ikebana flower arranging, but from students "attuning to their inner selves, to the flowers and branches they are touching, to the surroundings that envelop them and, by extension, to the world they exist in."

It started 1,500 years ago when Chinese Buddhists arrived in Japan. The

monks became increasingly elaborate in how they arranged their flower offerings for the shrines of buddhas.

"Later, the rich people appreciated the arrangements. In their house, they have a small area called tokonoma to receive the guests," Ballesteros says. "Tokonoma is always decorated with flower arrangements, a hanging trough and an incense burner."

The well-to-do began using ikebana arrangements in their tokonoma, she says.

Ikebana was a men's art until the Japanese government began encouraging women to study ikebana 200 years ago. "Today, students are mostly women. It's not the fancy arrange-

**"(Ikebana is) really challenging, meditative."**

Miyako Ballesteros

ments for a lady, it's really challenging, meditative."

She points to an arrangement in water of a lily and two twigs. "Very simple. Those three main stems have meanings: This is heaven, man, Earth, then try to connect those three together," she explains.

The basic rules of ikebana guide the angle of the flowers and branches in the vase, plus their length and position. "Very simple rules," she says. Asked how long it takes to master them, she replies, "If you take lesson every week,

once a week, hmm ... three years."

Ballesteros has been practising for more than 17 years. She became interested in ikebana when she was in Hong Kong; living abroad made her want to learn more about her homeland. When she arrived in Halifax two years ago, she was surprised to find the art was not well-known here and started teaching. She is a qualified instructor of the Sogetsu school of ikebana and collaborates with other ikebana masters in Montreal and Ottawa.

The Nova Scotia Centre for Craft and Design is offering two afternoon workshops on ikebana on April 25 and June 14. Cost is \$30 per class; call 492-2524 or



The ancient Japanese art of ikebana gives students the chance to explore themselves through flowers.

492-2522 to register, or visit [craft-design.ns.ca](http://craft-design.ns.ca).

Ballesteros also offers lessons in her luminous

Quinpool Road studio. Call 431-0487 or e-mail [lessons@mirochi.com](mailto:lessons@mirochi.com) for more information.

## Sow the seeds of knowledge with these gardening courses

JON TATTRIE  
for Metro Halifax



**The green shoots of spring have Halifax gardeners stretching out their green thumbs, and there are plenty of classes that can teach greenhorns how to create a perfect garden.**

Ann Li Huestis has been the gardening and garden design instructor at the Nova Scotia Community College for 10 years. Her class "helps homeowners

especially to maximize the potential of their outdoor space."

The key is not more plants, but better placed plants, she says. "People in my class love plants and so they've been buying plants and buying plants. One day they wake up and the plants are there, but something is not quite right."

The solution is design, Huestis says. "To me, it is a matter of reshuffling

them, of putting them in the right place and making them look beautiful if you compose the whole scheme. It looks better than willy-nilly here and there."

By studying the lay of the land and how light falls, Huestis helps gardeners get it right.

"A lot of people aren't too intimate with their yard. They know to put in plants, but they really haven't studied the space and the exposure well."

Level 1 starts April 21 and Level 2 gets underway May 7. Go to [nsc.ca](http://nsc.ca) for details or call 491-4911.

Gardening expert Niki Jabbour will offer a series of lectures at the Spring Ideal Home Show from March 27 to 29. The host of the radio show The Weekend Gardener will deliver six talks.

"I'll be speaking on two topics over the course of the weekend," Jabbour says: "Kitchen gardening — how to grow your own organic food, the number one gardening trend for 2009, and landscaping with ornamental grasses." Go to [masterpromotions.ca/spring-ideal-home-show](http://masterpromotions.ca/spring-ideal-home-show) for details.

Meanwhile, the Nova Scotia Centre for Craft and Design is offering a "Ceramics in the Garden" course from April 28 to June 16. Instructor Amélie Proulx will help students explore the possibilities of making ceramics objects for the garden or inspired by gardens. Through demonstrations of hand-

building techniques, students will have the possibility to build objects such as lanterns, fountains, planters, sculptures, architecture ornaments, or any-

thing the student wants. Registration begins this week via 492-2524 or 492-2522. Course information can be found at [craft-design.ns.ca](http://craft-design.ns.ca).



There are many classes in the city where Halifax gardeners can stretch out their green thumbs.



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# Explore your inner artist

NSCAD courses range from painting to jewelry making

RICHARD WOODBURY  
for Metro Halifax



**Whether you're looking to unleash an inner Picasso or see if you're the next Annie Leibovitz, NSCAD University's continuing studies department is offering classes this spring and summer that might just help you find out.**

Sometimes, the classes lead students to end up studying at the university full-time, says instructor Lillian Yuen. "I always find that very exciting when they do that," she says. Yuen will be teaching an Introduction to Jewelry Making course, starting May 6.

Portrait Drawing instructor Patrick Rapata says the summer courses attract people of all ages. "There's

no specific demographic," he says.

The university has offered non-credit studio courses for the adult general public since 1887. Currently, courses are offered in areas such as fine arts, photography, and crafts.

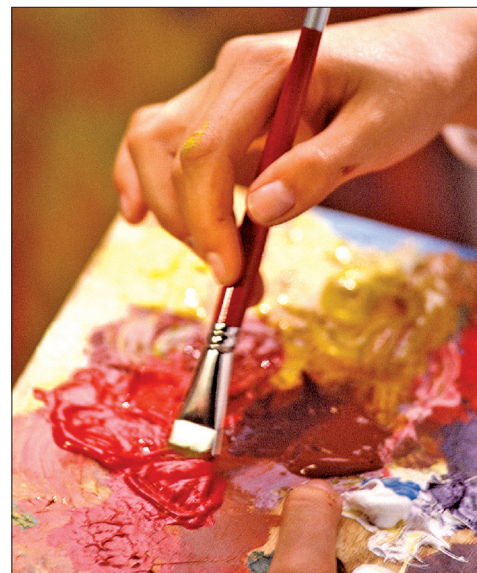
"I want the students to learn how to draw what they see," says Rapata of his portrait class.

In his class, students start by doing a self-portrait and move on to other exercises, such as sketching a portrait from a tiny photo and enlarging it. There is also work involving a live model. Students finish by doing another self-portrait to see how they've progressed.

At the end of Yuen's jewelry course, students will have a newfound appreciation of handmade jewelry,



IMAGE SOURCE



From jewelry making to learning to paint, NSCAD offers something for everyone interested in exploring their creative sides.

she says. "They'll appreciate how much work goes into it," and they'll also appreciate the qualities of the metal, she says.

"They'll understand why handmade jewelry is so expensive. It's worth everything they pay for it."

But more than just an appreciation for jewelry,

students will learn fundamental techniques such as sawing, filing, soldering and polishing.

"The basic techniques that we use are the ones that were used hundreds of years ago," says Yuen.

Some of the projects include ring and chain making. Students will also

learn the necessary safety precautions.

Yuen's course is taught at the NSCAD University property on Duke Street. The setting is inspiring. The bright space overlooks Historic Properties and features brick walls and well-worn hardwood floors.

"I think you really have

to be inspired by your surroundings," says Yuen. "If it's cold, it's not really going to add to your work."

Students of the continuing studies department can also have their work displayed in a springtime exhibit at the Anna Leonowens Gallery called "Night Shift."



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# Ambition takes flight

Learning to fly gives you a lot of freedom, instructor says

RICHARD WOODBURY  
for Metro Halifax

**In the sky, there aren't any roads limiting where you can go. When flying a plane, where you go is up to you.**

It's like a Sunday drive, "except you can go a lot further and see a lot more," says Sarah LaPrise, the chief flight instructor at the Greenwood Flight Centre. The Centre is located about 75 minutes from Halifax at the King's County Municipal Airport in Cambridge.

It is one of two schools in the province where people can study to get a pilot's licence in their spare time. The other school is the Debert Flight Centre, located about 75 minutes from Halifax.

Brian Tobin, 26, is a student at the school. "It's scary at first and you learn to love it after that," he says of flying. "Once you've

done it once, you're hooked."

Tobin describes it as a surreal experience: "If you look down, everything kind of looks like a picture at first. Cars look like dinkies and people look like ants. Houses look like toys."

LaPrise likes the freedom involved. "You get to go where you want to go," she says.

Transport Canada regulates aviation licensing and training in Canada. Requirements such as age and the amount of training involved vary depending on the type of pilot licence a person is seeking.

There are two options for someone looking to get

**"It's scary at first and you learn to love it after that."**

Brian Tobin

a licence in their spare time. There is the recreational pilot permit (RPP) and a private pilot licence (PPL). Basically, there are a lot more restrictions with the RPP, such as not being able to fly out of country and you can only have one person flying with you. The cost is also much cheaper, around \$7,000 versus \$12,000.

For the PPL, Transport Canada requires people be at least 17 years of age. They will need to complete

45 hours of flight training and at least 40 hours of "ground school," where topics such as meteorology, aerodynamics and theory of flight must be covered.

The RPP involves 25 hours of flight training, no ground school, and people need to be at least 16 years of age.

LaPrise says it takes most people three months to a year to finish training for a PPL.

"It really depends on how much they're willing to put in," LaPrise says.

She recommends flying two to three times per week, but says that can be tricky to accomplish because of the weather.

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# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Certified organic?

How to be assured a beauty product is living up to its claims

DIANE PETERS  
for Metro Canada



**When you buy makeup, lotion or shampoo labelled "organic," how do you know that it's guaranteed not to contain synthetic chemicals and that its plant-based ingredients were grown without fertilizers or pesticides?**

Check to see that it has a certification logo on the label. On a few Canadian products, you'll see the Ecocert or Certech stamps — two private labels from for-profit companies. On imported goods you might see Ecocert, or a stamp from the United States Depart-

ment of Agriculture (USDA) or the U.K.'s Soil Association. A "BDIH" seal shows that the cosmetic was certified natural by the Association of German Industries and Trading Firms.

Under federal government Organic Products Regulations ( slated to go into effect this June), agricultural products with "organic" claims must be certified, and certification will be standardized. But cosmetics certification will remain voluntary and in private hands. Cosmetics could be included sometime in the future, but not any time soon, according to the Canadian Cosmetic, Toiletry and Fragrance Association.

### EarthHour

**ECOCERT** Since 2002, Ecocert Canada, a division of France-based Ecocert, has certified three Canadian companies: Cargo Cosmetics, Cosmeceutical Research Lab and Druide. Any approved products must contain 95 per cent plant-based organic ingredients and the remaining five per cent must be from Ecocert's list of acceptable substances. Ecocert also recognizes natural products. For these, 50 per cent of the plant-based ingredients must be organic and five per cent of the

overall product must be organic. "We verify the ingredients and what's written on the label, and we do at least one inspection a year," says France Gravel, director of Ecocert Canada, which charges \$5,000 and up to assess a product line.

**CERTECH** Over a year ago, Certech Registration, a Canadian company, created a standard for cosmetics that requires 95 per cent organic ingredients and excellent quality management systems at a company's factories.

"We look at the entire process," says Brian Lane, president of Certech, which has been doing quality assurance certification for various industries since 1987. "We want to know where the ingredients were grown and that the company has the correct controls in place." It only approves products not tested on animals and packaged in recyclable containers.

Costs vary depending on the size of the operation, but it is typically between



To ensure cosmetic products are organic, check for a certification logo on the label.

\$2,000 and \$8,000 for an entire product line (annual retesting of products can run up to \$3,000 a year).

Thus far, Certech has approved d'Avicenna, the only Canadian cosmetics company to go through its certification process. D'Avicenna president Shahin Kalantari says it was a big challenge to make the company's product without using chemical emulsifiers and preservatives.

For now, any reference to "organic" or "natural" on a cosmetic product label — unless it has a certifier's

stamp — could mean anything.

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**Moore joins Special Relationship**

Julianne Moore has been cast as Hillary Clinton in *Special Relationship*. She will star opposite Dennis Quaid — who will play ex-U.S. President Bill Clinton — in the movie which will show how his “relationship” with Monica Lewinsky nearly ended his time in power. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

# Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

## New romance

Katy Perry and Josh Groban are dating. Perry has been on a series of intimate dates with the U.S. singer-songwriter, but the pair are keen to keep their fledgling romance out of the spotlight. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)



# Actress reborn as superhero

Reese Witherspoon finds new voice in animated action film *Monsters vs. Aliens*

NED EHRBAR  
Metro World News

**Reese Witherspoon faced a new challenge in portraying Susan, her character in *Monsters vs. Aliens* who transforms from a regular-size bride-to-be into a five-story-tall superhero. Talking like a convincing action hero.**

“That’s not a voice I have in my repertoire,” she admits. “So they kept trying to coach me to be more like Arnold Schwarzenegger or Sylvester Stallone. That took me a long time.”

After years of comedies and dramas, *Monsters vs. Aliens* — opening Friday — is Witherspoon’s first real action movie. Luckily, it’s

animated, so the most physical exertion the Oscar-winning actress had to endure was recording “effort noises,” the grunting, wincing and panting that accompany the film’s dizzying action sequences, like when a massive alien robot chases Susan through a crumbling San Francisco.

Witherspoon was particularly drawn to this project because of its strong female lead. “I’ve been offered a lot of animated films before,” she explains. “Sometimes they were playing a girlfriend, and sometimes they were playing a girl who got rescued by a guy. This was the first opportunity where the woman was at the centre of the movie.”

And the journey Susan

**“It’s got an incredible message about finding yourself and your identity.”**

Reese Witherspoon

takes in the film — after being wallowed by a radioactive meteor on her wedding day — spoke to Witherspoon on a deeper level. “It’s got an incredible message about finding yourself and your identity,” she says. “Are you a person who struggles in the shadow of another person just so you don’t have to be alone or afraid or find your own strengths? Or are you someone who’s willing to take a chance and accomplish

great things?”

But beyond playing a strong female protagonist, Witherspoon loved creating a female superhero, something she feels are in short supply. She remembers asking her children, Ava, 9, and Deacon, 5, to name their favourite caped crusaders. While her son could rattle off a host of names including Batman, Spider-Man and Superman, her daughter was at a loss. “She was like,

‘I don’t know. The girl in the Justice League with wings? I can’t remember her name.’”

As for Witherspoon, her favourite superhero was always Wonder Woman. “I watched Linda Carter over and over and over again,” she says. “I had my

golden lasso and my whole costume that I wore for seven Halloweens in a row.”

But that doesn’t necessarily mean Witherspoon is up for portraying the famous character on the big screen.

For now, she’s happy to keep her action movie roles in the animated realm. “If I never had to see the inside of a gym, I’d be a very happy person.”

Reese Witherspoon portrays a superhero in *Monsters vs. Aliens*.



HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/24/09	31	31	31	ABC	News (N)	ABC Wild News	Inside Edition	Chronicle	Presidential Address	Dancing With the Stars	Primetime: You	
	7	7	7	ASN	The Road to Avonlea	Instant Star	TMZ (N)	Reaper: The Favorite	Dancing With the Stars	Without Trace		
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Rick Mercer	Wild Roses (N) (DVS)	CBC News: The National	The Hour		
	2	2	2	CBC-F	Terre humaine	Pyramid (SC)	Virginie (SC)	Beautés désempées (SC)	René - Le Destin d'un chef (N)	Le Téléjournal		
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	The Mentalist (HDTV) (N)	Without Trace		
	69	69	69	CFTM	TVA 18 heures	Le Cercle (SC)	Les Gags (SC)	Star Académie: La Fiebre de la danse (SC)	La Promesse (HDTV) (N) (SC)	TVA 22 heures		
	6	6	6	CHFF	Entertainment	ET Canada	90210 (HDTV)	NCIS	Project Runway Canada	News (N)		
	9	9	9	CJCH	etalk	Hollywood	Law & Order: SVU	American Idol		News (N)		
	10	10	10	ELTV	(6) EastLink Television			Podium TV		EastLink Television		
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	Presidential Address	House "The Lich" (HDTV)	Fox First	
prime	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	Presidential Address	The Biggest Loser (N)		
	29	29	29	NW	World News	Business	CBC News	Newman	The Hour	CBC News: The National	Machines	
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston	Business Rpt.	Worldfocus	Nova (HDTV) (N) (DVS)	Journey-Earth	Independent	
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Nova (HDTV) (N) (DVS)	Betty Ford: The Real Deal (N)	Men in Trees: leçons	110 per cent	
	68	68	68	TSQ	Drôle	450 chemin	Loft Story	Pop Corn	Dirty Sexy Money (SC)	Squeeze Play	Market Call	
	23	23	23	BNN	Business News	Headline	Market Call	Commodities	Workopolis TV	Business News	Cooper 360	
	18	18	18	CNN	Situation Room- Wolf Blitzer	Lou Dobbs Tonight		Campbell Brown: No Bias	Larry King Live (N)	Top 10	Top 10	
	54	54	54	GOLF	Golf Central	Top 10	Lessons	Inside PGA	The Approach	Top 10	Top 10	
	52	52	52	RSE	Sportsnet Con.	Sportsnet Con.	MLB Preseason	Baseball Boston Red Sox at New York Yankees. (Live)	Court Surfing	NBA news, scores and highlights.	Sportsnet Con.	
	55	55	55	SCOR	Hockey Talk	Game On	Cabby Unlimit	Court Surfing	NBA news, scores and highlights.	Sportsnet Con.	Score Tonight	
news	45	45	45	SPD	Unite Whips	Pimp My Ride	Pass Time	Low Life	Low Life	Super Bikes!	Super Bikes!	
	53	53	53	TSN	Off the Record	SportsCentre	NHL Hockey Washington Capitals at Toronto Maple Leafs. (HDTV) (Live)	Life Derek	Life Derek	NHL Hockey	NHL Hockey	
	43	43	43	FAM	Zoe 101	Life Derek	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	
	44	44	44	TOON	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN "2-4-1"	Futurama	
	26	26	26	TREE	Ni Hao, Kai-Lan	Big & Small	Backyardigans	Night Grdn	Max & Ruby	Franklin	Little Bear	
	27	27	27	YTV	Drake & Josh	iCarly	Adrenaline Proj	Prank Patrol	Malcolm-Mid.	Futurama	Family Biz	
	16	16	16	A&E	Cold Case Files	CSI: Miami (HDTV)	Storytellers	Wings-Canada	The First 48 (HDTV)	The First 48 (HDTV)	The First 48	
	70	70	70	APTN	News (N)	Wings-Canada	Storytellers	Wapost Bay	Cashing In (N)	Fish Out	Mixed Blessing	
	50	50	50	BET	106 & Park: BET's Top 10 Live		Roll Bounce ** (2005, Comedy-Drama) Bow Wow, Mike Epps.					
	37	37	37	BRVO	Street Legal	Buffy St. Marie		Live at the Rehearsal Hall	Freddie Mercury	Bravo!-Junos	Bravo!-Junos	
sports	25	25	25	CMT	Cross Canada Countdown		Home Improve.	Home Improve.	Home Improve.	Reba	Hope & Faith	
	49	49	49	COM	Laughs	Comedy Now	Air Force	Just for Laughs	Cornier Gas	The Simpsons	South Park	
	153	153	153	COURT	Killer Next Door	Destroyed	Destroyed	Daily Planet (N)	Cops Uncut	Getting a Ticket in America	Police Videos	
	38	38	38	DISC	Destroyed	Destroyed	Daily Planet (N)	Cops Uncut	Getting a Ticket in America	Police Videos	Police Videos	
	34	34	34	HGTV	Holmes on Homes	House Hunters	Property Virgin	Pure Design	Style	Sarah's House	Design Inc.	
	46	46	46	HIST	Crime Stories	NCIS "Terminal Leave"	Sandhogs	Paris Hilton's British Friend	Gene Simmons	Gene Simmons	Gene Simmons	
	17	17	17	MM	MusicProfile	mmmtop10.com	The Point (2006, Drama) Jonny Wagge.	Survivorman	Mantracker	Bounty Hunter	Bounty Hunter	
	19	19	19	MM	MusicProfile	mmmtop10.com	The Point (2006, Drama) Jonny Wagge.	Survivorman	Mantracker	Bounty Hunter	Bounty Hunter	
	201	201	201	M1	(6:45) Urban Justice (2007, Action)							
	48	48	48	OLN	American Gladiators	Bounty Hunter	Bounty Hunter	Survivorman	Mantracker	Bounty Hunter	Bounty Hunter	
family	51	51	51	PEACH	Seinfeld	Friends	House-Payne	House-Payne	Underworld ** (2003, Horror) Kate Beckinsale, Scott Speedman.	Canadian Bacon ** (1995, Comedy)		
	206	206	206	PIX	(6:30) Formula 51 **	(8:15) Danger Zone ** (1996, Suspense) Billy Zane.	Grandes reportages (SC)	Testees	Trailer Park	Rich Bride, Poor Bride	Trichwood	
	67	67	67	RDI	RDI en direct	RDI en direct	The Outer Limits	Mutant X	Rich Bride, Poor Bride	Trichwood	Destin. Truth	
	39	39	39	SHOW	Wife Swap	Skin Deep	Til Debt-Part	Rich Poor	Rich Poor	Rich Bride, Poor Bride	Trichwood	
	40	40	40	SLICE	The Mom Show	Stargate SG-1 "Exodus"	CSI: Crime Scene Investgtn.	Living the Life	Look-A-Like	17 Kids-Count	17 Kids-Count	
	47	47	47	SPAKE	CSI: NY (HDTV)	CSI: Crime Scene Investgtn.	The Ellen DeGeneres Show (N)	Kids by the Dozen	Vanity Insanity	Tube Tales	Change	
	14	14	14	SPAKE	CSI: NY (HDTV)	CSI: Crime Scene Investgtn.	The Ellen DeGeneres Show (N)	Kids by the Dozen	Vanity Insanity	Tube Tales	Change	
	97	97	97	STAR	etalk	Hollywood	Kids by the Dozen	Vanity Insanity	Tube Tales	Change	Caméra café	
	21	21	21	TLC	What Not to Wear	What Happen?	What Happen?	Journal de Fr2	Doc "Love of the Game"	Mysterious Ways	Style by Jory	
	56	56	56	34	TROP	What Happen?	What Happen?	Journal de Fr2	Doc "Love of the Game"	Mysterious Ways	Style by Jory	
cable variety	20	20	20	TVS	Que-champion	Journal de Fr2	Doc "Love of the Game"	Mysterious Ways	Style by Jory	WGN	Be-Millionaire	
	28	28	28	V	Doc "Love of the Game"	Mysterious Ways	Style by Jory	WGN	Be-Millionaire	Evening News	Two/Half Men	
	60	60	60	VIVA	Mysterious Ways	Style by Jory	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	
	22	22	22	W	Style by Jory	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	Reaper "The Favorite"	
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	Reaper "The Favorite"	90210 (HDTV)	WGN News	

## critics' corner

### Without a Trace

Malone (Anthony LaPaglia) and the team search for a missing psychologist whose brother was imprisoned for serial rape, which leads the investigators to wonder whether the brother may have been involved with the disappearance. Martin's (Eric Close) relationship with Kim (Vanessa Marcil, reprising her guest role) heats up. Adam Kaufman, Kristoffer Polaha and Vincent Ventresca star in the new episode "Daylight." 11:01 PM on CBS, ASN



### Live at the Rehearsal Hall

Singer-songwriter k.d. lang takes the stage in this episode from last fall, performing songs from her most recent album, "Watershed." Released in February 2008, it's her first collection of original material since "Invisible Summer" in 2000 and features the single "I Dream of Spring." 9 PM on BRAVO

### Saving Grace

New episodes of this excellent drama series starring Holly Hunter as troubled cop Grace Hanadarko are here, and the first of the bunch is a doozy. When a string of mutilation murders points to a possible serial killer, Grace gets a new partner, Abby Charles (Christina Ricci), while Ham and Butch (Kenny Johnson, Bailey Chase) team up. Leon Rippy also stars in "The Heart of a Cob." 11 PM on SHOW



## For March 23rd

- Black Eyed Peas - Boom Boom Pow
- Britney Spears - If U Seek Amy
- Soulja Boy Ft Sammie - Kiss ME Thru The Phone
- Karl Wolf Ft Culture - Africa
- Classified - Anybody Listening
- Akon Ft Lil Wayne - I'm So Paid
- Eminem Ft 50 Cent & Dr Dre - Crack A Bottle
- Lady Gaga - Lovegame
- Flo Rida - Right Round

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Lauren Conrad has opted to take her clothing line off the racks. Her rep says the Hills star is cancelling her spring/summer 2009 line and halting production because of the current economic crisis. **METRO WORLD NEWS**

## Celebrity Buzz

### Don't undergo look-alike surgery, Demi urges fan

**PEOPLE** Demi Moore has urged a terminally ill fan not to have plastic surgery to look like her, femalefirst.co.uk reports.

The actress doesn't want 29-year-old Lisa Connell to go under the knife, saying she is already beautiful.

She wrote on Twitter: "Wish I could contact this woman Lisa Connell who wants to have surgery to look like me and encourage her to not to! She is a beautiful girl!"

Connell has terminal cancer

and had announced plans she was going to spend \$60,000 US on surgery in a bid to resemble her idol.

Connell decided to have liposuction, a breast enhancement, an eyebrow lift and work on her skin and teeth shortly after she was diagnosed with an inoperable brain tumour in 2006.

She said: "People think I'm crazy for doing this, but I know it will make my last months or years happier."

**METRO NEWS SERVICES**



### Reese's 33rd bash

**PEOPLE** Jake Gyllenhaal threw Reese Witherspoon a 33rd birthday bash at his Los Angeles home on Saturday, usmagazine.com reports.

Maggie Gyllenhaal and Peter Sarsgaard (and their daughter, Ramona), and Robert Downey Jr. and his wife Susan were among the guests, who enjoyed a DJ set that included Lady Gaga and Al Green.

Witherspoon spent her actual birthday, Sunday, at the Los Angeles premiere of her new animated

flick, *Monsters vs. Aliens*. "I'm looking forward to my birthday," she recently told reporters. "I think it is a great thing, to be able to be doing things with my kids and having them be proud of me. It's like, what's better than feeling you've accomplished things in life?"

**METRO NEWS SERVICES**



### Jessica's dad turns on Tony

**PEOPLE** Jessica Simpson's father is jealous of her boyfriend Tony Romo, femalefirst.co.uk reports.

The singer and actress — who has been dating the American football quarterback since early last year — is reportedly being encouraged to separate from her boyfriend by her dad and manager Joe Simpson, because he believes she is losing focus on her career.

A source said: "Joe now feels that Tony has become too much of a distraction for Jessica. Any free time she has, Jess wants to spend with Tony. But rather than blaming his daughter's work ethic, Joe points the finger at Tony."

But Simpson is still very much in love with the sports star and is desperate to take their relationship to the next level. The source revealed: "If she had her wish, she'd be married and pregnant."

The 28-year-old beauty recently admitted to friends she is concerned Romo will never pop the question.

A source said: "Jess-

ca was really hoping she was going to get an engagement ring. She wanted one for Christmas, then she thought maybe

New Year's Eve. Her last hope was that Tony would propose on Valentine's Day — but he didn't."

**METRO NEWS SERVICES**



### Agency has eye on Lindsay

**CAREER** Lindsay Lohan is to be offered a modelling contract, femalefirst.co.uk reports.

The Mean Girls star — whose film career has stalled in recent years — has caught the eye of Ivan Bart of IMG Models.

Upon hearing the 22-year-old actress could be considering a career change, Bart said: "She's a beautiful girl and obvious-

ly knows a lot about fashion. Providing that she was contractually free, we would take a meeting."

Just last week, Lohan revealed she is thinking about quitting acting to become a model.

She said: "I love doing photo shoots. I mean, if I could just sign

with IMG and do ad campaigns and model more, I'd do that because that's fun for me. That's not work."

Lohan has already appeared in campaigns for Dooney and Bourke, Jill Stuart, Miu Miu and Fornarina.

**METRO NEWS SERVICES**



### Jackson No. 4 on the way?

**KIDS** When Michael Jackson isn't planning his latest money-making scheme in the U.K., it seems that the star is window shopping for babies, femalefirst.co.uk reports.

The controversial King Of Pop has admitted to wanting to expand his family when he's over in the U.K.

The singer already has three children — Prince, 11, Paris Katherine, 10, and Prince Michael II, five.

A source tells the Sunday Express newspaper that Jackson hopes to adopt a child

in Britain during his 50-date residency at London O2 Arena later this year.

The source says, "Before his concerts he has said he wants to spend at least three weeks in Britain, getting used to the time zone and exploring the country. It is during this period that he wants to have meetings about adoption. He has not said if he wants a boy or girl, just that it would be good for the family to have another brother or sister."

**METRO NEWS SERVICES**



### Celebrity child power play date

**PEOPLE** Usmagazine.com is calling it a power play date. Katie Holmes took daughter Suri, 2, to The Children's Arts Studio in Santa Monica, Calif., on Sunday. Joining them: Victoria and David Beckham's youngest two boys, Cruz, 4, and Romeo, 6.

Clutching a stuffed animal, Suri wore a blue-spotted dress, red-striped cardigan and red ruby shoes. Later in the day, mom and daughter popped by Crumbs Bakery in Beverly Hills for some goodies.

**METRO NEWS SERVICES**



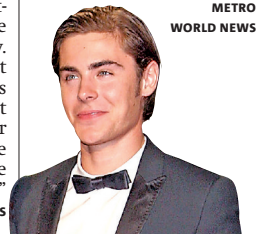
### Zac ditches his dancing shoes

**CAREER** Apparently afraid of being typecast as a song-and-dance man, Zac Efron has pulled out of a planned remake of the film *Footloose*, which was set to start shooting this spring and be released next year.

Efron reportedly told Paramount Pictures that he did not want to do another musical at this point in his career, according to the *Wrap*.

"People had been working on this project since last July," a source close to the production says. "We were all shocked."

**METRO WORLD NEWS**



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### Madonna and Jesus adopt?

**KIDS** Madonna's relationship with Jesus Luz seems to be moving fast. After just three months together, the Brazilian model is ready to adopt a child with the singer, his ex-girlfriend, Catharina Franca, tells Britain's the Mirror.

"He adores

kids but he accepts they could not have children of their own, and is talking about the possibility of adopting with Madonna," Franca tells the newspaper. "He's not with Madonna for her money or fame. He's with her because he loves her."

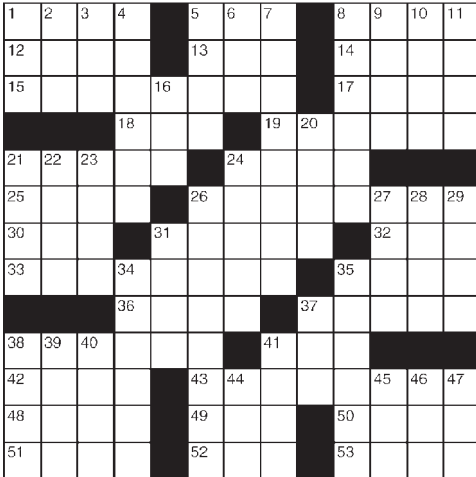
**METRO WORLD NEWS**







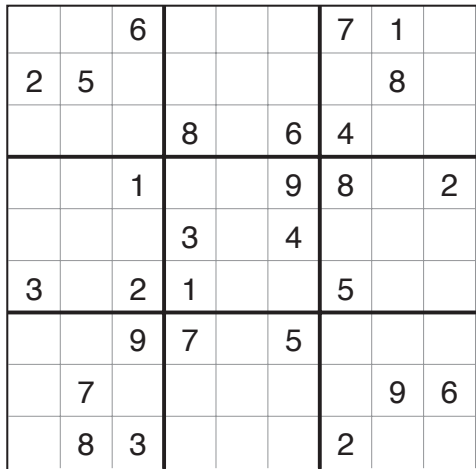
For more delicious Metro recipes, visit: [metronews.ca/food](http://metronews.ca/food)



### Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



### Crossword across

- |                         |                          |
|-------------------------|--------------------------|
| 1 VHS contemporary      | 32 Fish eggs             |
| 5 "El —"                | 33 Dilettante's interest |
| 8 TV's Dr. McGraw       | 35 Ready for anything    |
| 12 Mosque VIP           | 36 Trenches              |
| 13 Privy                | 37 Walking sticks        |
| 14 Carnival attraction  | 38 Senescence            |
| 15 Effervescent         | 41 "— Town"              |
| 17 Lecherous look       | 42 Rowboat needs         |
| 18 Pitcher part         | 43 Chewing in small bits |
| 19 "Caddyshack" critter | 48 Menageries            |
| 21 Passé                | 49 Prior to              |
| 24 Harp's ancestor      | 50 Concept               |
| 25 Cupid's alias        | 51 Catch sight of        |
| 26 Unsteady             | 52 Shaft of light        |
| 30 Intention            | 53 Hen pen               |
| 31 Actor LaBeouf et al  |                          |

### Crossword down

- |                      |                          |
|----------------------|--------------------------|
| 1 Clothing protector | "girded"                 |
| 2 Ostrich's cousin   | 26 Bleach                |
| 3 Bill               | 27 Persia, now           |
| 4 Strolls            | 28 Idditaro terminus     |
| 5 Paper holder       | 29 The Bee —             |
| 6 Charged bit        | 31 Punch hard            |
| 7 Leftovers carrier  | 34 Obstreperous          |
| 8 Drive on           | 35 Vampire repellent     |
| 9 Lofty              | 37 Newsroom newbie       |
| 10 Not working       | 38 Leak slowly           |
| 11 See 17-Across     | 39 Vientiane's land      |
| 16 Cover             | 40 Let fall              |
| 20 Spheres           | 41 Do what I say         |
| 21 Conked out        | 44 Savings plan acronym  |
| 22 Met melody        | 45 "— not choose to run" |
| 23 Grant's is famous | 46 Ultramodernist        |
| 24 Body parts often  | 47 Space                 |

### PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



2	6	8	4	7	3	5	9	1
3	7	5	1	2	9	6	8	4
9	1	4	6	8	5	2	3	7
6	4	9	7	5	1	8	2	3
7	8	2	3	9	6	1	4	5
5	3	1	8	4	2	7	6	9
1	9	3	2	6	7	4	5	8
4	2	7	5	3	8	9	1	6
8	5	6	9	1	4	3	7	2

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

### SUDOKU SOLVE TIME:

- |                         |                             |
|-------------------------|-----------------------------|
| Under 13 min.....Genius | 17-21 min.....Smart         |
| 13-17 min.....Scholar   | 21-25 min.....Not bad       |
|                         | 25+ min.....Keep practising |

### Metro Recipe of the Day



### Lamb Curry

#### INGREDIENTS:

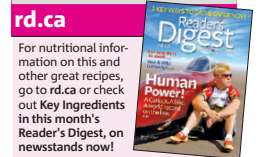
- 1 tsp (5 ml) olive oil
- 12 oz (375 g) well-trimmed boneless lamb loin, cut in to 3/4-in. (2-cm) chunks
- 1 medium onion, finely chopped
- 4 cloves garlic, minced
- 1 tbsp (15 ml) grated fresh ginger
- 1 tbsp (15 ml) curry powder
- 4 cups (1 l) cauliflower florets
- 1 cup (250 ml) canned crushed tomatoes
- salt to taste
- 1/2 cup (125 ml) water
- 1 1/2 cups (375 ml) frozen peas
- 1/3 cup (75 ml) chopped cilantro
- 1/2 cup (125 ml) plain yogurt
- 2 tbsp (25 ml) flour

#### METHOD:

- Heat oil in Dutch oven over medium heat. Add lamb and cook until browned, about 5 minutes. Transfer lamb to plate with slotted spoon.

- Add onion, garlic and ginger to pot and cook, stirring frequently, until onion is tender, about 5 minutes. Add curry powder and cauliflower and stir.
- Add tomatoes, salt and water to pot and boil. Return lamb to pot and reduce to simmer. Cover and cook until lamb and cauliflower are tender, about 40 minutes.
- Add peas and cilantro. Cook until peas are heated through, about 3 minutes. In small bowl, mix yogurt and flour, then stir into pot and cook over low heat, stirring, until slightly thickened, about 2 minutes.

**SERVES 4**



### Horoscopes

#### ARIES

MARCH 21-APRIL 20

A mild flirtation will amuse you. Somebody's profound thoughts will disturb you. No problem is too difficult to be forgotten.

#### LIBRA

SEPT 23-OCT 23

An unnecessary agreement comes to an end. Someone's bad temper can be tamed. Rise above pettiness about mysteries and secrets.

#### TAURUS

APRIL 21-MAY 21

A long-standing burden is lifted. An opinionated reply leads to an unfortunate situation. You must make a huge leap of faith.

#### SCORPIO

OCT 24-NOV 22

Stop pushing too hard and take a break. A troublesome buddy's support is appreciated. A situation is better than it looks at first.

#### GEMINI

MAY 22-JUNE 21

Don't take anyone's promises too lightly. Don't gamble with a friend who enjoys flippancy. A wacky encounter affects those who wait.

#### SAGITTARIUS

NOV 23-DEC 21

An awkward enemy makes slow progress. Persevere and succeed by trial and error. A cynical guy comes out of his shell.

#### CANCER

JUNE 22-JULY 22

A confidential meeting with a bureaucrat is concealed. Face the music when someone is accosted. Benefits come through rational discussions.

#### CAPRICORN

DEC 22-JAN 20

Be careful around electrical objects. A perilous situation will develop when you speak your mind. Arrogance retards progress.

#### LEO

JULY 23-AUG 23

A phone call lightens your mood. Confusion begins to dissipate. A controversy will develop if you're full of mischief.

#### AQUARIUS

JAN 21-FEB 18

Your job prospects improve when friends get involved. Remain hopeful about your future. Your forcefulness will shock people.

#### VIRGO

AUG 24-SEPT 22

Don't be a noisy neighbour. Someone is caught in a naughty act. Eliminate stuff that is no longer useful.

#### PISCES

FEB 19-MARCH 20

Don't wait for anyone to ease your burdens. Disgraceful things are fun tonight. It's not compulsory to repeat any mistakes.

### AVATAR VENUS

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**WORDY GURDY** <sup>(TM)</sup>

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like PAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

- Beantown cagers' waist circlers (1)
- Highly uncommon long look (1)
- Actress Barrymore's stage prompts (1)
- May brawl (1)
- Nursing kids' perhaps-es (2)
- Brand of potato chips camping bags (2)
- Edible flatfish flattener by hammering (2)

ANSWERS: 1. COPS BELTS 2. RAPE STRAP 3. BREWS CUPS 4. NIGHT PIGLET 5. BARBERS MAYNERS 6. RUFFLES DUFFLES 7. FLOUNDER FLOUNDER 8. DUCKS

**This day in history**

MARCH 24, 1837: Canada gives African men the right to vote.

MARCH 24, 1936: The longest game in NHL history was played between Detroit and Montreal. Detroit scored at 16:30 of the sixth overtime and won the game 1-0.

MARCH 24, 1989: Exxon Valdez oil spill: In Prince William Sound in Alaska, the Exxon Valdez spills 240,000 barrels (42,000 m³) of petroleum after running aground.

MARCH 24, 1999: Kosovo War: NATO commences air bombardment against Yugoslavia, marking the first time NATO has attacked a sovereign country.

**METRO NEWS SERVICES**





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